

**What Can Parents Do About Bullying** *NJ Coalition for Bullying Awareness and Prevention*

- **Maintain good relations/communication with children.**
- **Inform yourself.**
- **Expect – ask - demand adequate school action.**
- **Expect – ask - demand that owners of social organizations, including networking sites and internet providers, address bullying.**
- **Ask your child how children treat other children at school (and how your child is treated); listening is more important than advice.**
- **When you hear children speak badly of another child, *gently* express discomfort, and empathy for the scorned child.**
- **Be present at your child's school; don't wait to be invited, ask to volunteer.**
- **Take action with other concerned parents. Meet (as a group) with school leaders; ask specifically about the school's approach.**
- ***Never* ignore bullying, don't walk by; if you can't intervene directly, report it.**
- **Support bullied kids in every possible way.**
- **Seek legal advice and government support.**
- **Don't accept leaders who bully, including teachers; speak out, insist on change.**
- **Consider changing schools, if possible, as a last resort.**

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