What Can Parents Do About Bullying  

- Maintain good relations/communication with children.
- Inform yourself.
- Expect – ask - demand adequate school action.
- Expect – ask - demand that owners of social organizations, including networking sites and internet providers, address bullying.
- Ask your child how children treat other children at school (and how your child is treated); listening is more important than advice.
- When you hear children speak badly of another child, gently express discomfort, and empathy for the scorned child.
- Be present at your child's school; don't wait to be invited, ask to volunteer.
- Take action with other concerned parents. Meet (as a group) with school leaders; ask specifically about the school's approach.
- Never ignore bullying, don't walk by; if you can't intervene directly, report it.
- Support bullied kids in every possible way.
- Seek legal advice and government support.
- Don't accept leaders who bully, including teachers; speak out, insist on change.
- Consider changing schools, if possible, as a last resort.

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