

# BEYOND BULLYING PREVENTION:

## *building schools where everyone belongs*

A seminar for teachers, counselors, nurses, administrators, paraprofessionals, and other educators who are working to make their schools more welcoming places for all. Consultants and trainers who work with schools are also welcome.

3 DAYS: Wednesday August 20 and Thursday August 21, 2014.  
Third date in June, 2015, based on the schedules and preferences of participants.

Wednesday 8:30-4:30; Thursday 8:30-3:00. Lunch will be provided.

### **Location: Opportunity Farm in New Gloucester, Maine**

The site is less than 3/4 hour from the Portland Maine International Jetport  
(We will gladly help with travel arrangements.)  
Onsite lodging is available at a reasonable cost.

*Our national dialogue about bullying prevention has focused almost exclusively on preventing mean behavior. Though this is important, we will never completely eliminate hurtful behavior. For that reason, we also need to focus on building belonging, community, and resiliency for all youth. In doing so, we can reduce the harm that can result from mean behavior. In this seminar you will learn skills and knowledge that will help you to be a more effective change agent in your school or in schools – a champion for young people. You will collaborate with a training cohort of like-minded colleagues to deepen your impact on youth.*



Chuck Saufler

This seminar will be led by Stan Davis and Chuck Saufler, Maine school counselors whose work in preventing bullying, building positive school culture, and enhancing the lives of youth has been widely recognized. Stan's three books (*Schools Where Everyone Belongs*, *Empowering Bystanders in Bullying Prevention*, and *Youth Voice Project: Student Insights Into Bullying and Peer Mistreatment*) have been published by



Stan Davis

Research Press. Chuck has been a pioneer in Maine's bullying prevention and Restorative School Practices movements. Both Stan and Chuck have presented trainings and consulted with schools around the United States and around the world for many years.

## **Program structure and schedule:**

This seminar will be limited to 24 people to allow full participation and in-depth learning for all.

### **PART 1: Two days of training**

We will begin with two days of training in August. Each day will combine presentation, discussion, and structured reflection and practice to facilitate learning and understanding for all.

The first day will examine relevant research in depth. We will focus on what science tells us about:

- reducing peer mistreatment,
- building resiliency,
- building cognitive skills for a successful life,
- building school-wide behavior norms
- building positive, inclusive school culture,
- and educating youth with the brain in mind.

We will provide reading suggestions to deepen your learning on day 1. Our goal for this first day is to fully ground participants in the relevant research to enable them to use it and teach it to others.

The second training day will focus on mastering specific, practical strategies for influencing school functioning and culture in ways that support these themes including:

- Practical, effective strategies for building student and staff connection.
- Self-monitoring practices to assist us and others in maintaining positive emotional tone with students.
- Strategies to improve staff engagement in school improvement initiatives.
- Ways to talk with students that support resiliency, motivation, and social, emotional, and cognitive growth.
- Ways to teach specific social skills and cognitive skills to students.
- Effective strategies to use after incidents of negative peer behavior.

These two days will prepare participants to act as mentors, trainers, and implementers of a range of research based strategies. There will be opportunities to discuss and reflect on how this work connects personal with professional growth.

### **PART 2: Monthly meetings**

Participants will meet monthly through the school year. These ongoing meetings will happen in person in groups of six for participants from Maine, and via Skype or phone in groups of two for participants outside Maine, and will give each person a chance to present and review her or his own work over time, and to learn from the work of others. To support participants' work, each participant will have Skype and email access as needed to the seminar leaders throughout the year. We will also maintain an email listserv for all participants.

### **PART 3: One day of follow up training in June, 2015**

During this day of summary training, we will synthesize what we have learned throughout the year, and focus on how to support and extend this work into the future.

Note to participants: This will be an active, interactive training process. Participants should expect supportive feedback. They should expect to be asked to present and discuss material actively and to redo and revise presentations based on feedback. We will expect full attendance and full participation from all, to maximize learning.

## About the presenters:

**Chuck Saufler** received a M.Ed. from Northeastern University in Community Mental Health in 1979. He has been a guidance counselor and staff trainer in Maine since 1989. As co-coordinator of the Maine Project Against Bullying he coordinated a statewide bullying prevention project. He was the lead trainer for bullying education at the Maine Law and Civics Education Program, University of Maine School of Law from 2000-2009 and currently is a trainer/consultant for the Restorative Justice Institute of Maine. He has presented training nationally and internationally on Bullying Prevention and Restorative Practices in schools. He is a founding member of the International Bullying Prevention Association and is drawn to this work by a firm belief that community building, prevention and early intervention are our best hope of creating a civil society for future generations.

See [www.safeschoolsforall.com](http://www.safeschoolsforall.com) for more about Chuck and his work.

Comments on Chuck Saufler's trainings

*"This training will be useful to me in my professional and personal life. A very refreshing instructor-knows what he's talking about and does seem to enjoy teaching it."*

*"Chuck Saufler is a believer. His enthusiasm was inspiring and contagious. By far the most interesting and helpful training I've taken."*

*"Well designed workshop - structure with great resources. Mr. Saufler was able to share both research and personal anecdotal information to make his message clear."*

*"Impressive how you took 20 total strangers and created connections that will last well beyond this 3 day experience while simultaneously modeling what you were teaching."*

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**Stan Davis** - As a social worker and child and family therapist in the 1970s and 1980s, he worked with abused and grieving children and trained Child Protective Workers. He designed training for rape crisis centers and collaborated with police to develop interventions for domestic abuse. From 1985 to 2011 he worked as a school counselor in schools from Elementary to High School and focused on developing research based approaches to bullying prevention. His work was featured in a special 20/20 report on bullying with John Stossel. He is the author of three books Stan has presented keynotes and workshops at conferences and trained school staff and students in 25 US states, in Canada, in India, and in Africa. With Dr. Charisse Nixon, Stan is co-leading the Youth Voice Research Project, learning from more than 13,000 young people in the United States about what works in bullying prevention. See [stopbullyingnow.com](http://stopbullyingnow.com) for more information about Stan and his work.

*"To say Stan Davis cares about kids would be an understatement. His clear and passionate message captured the attention of every audience member in a rather large gathering of 750, garnering very positive reviews and many requests for a return performance. Stan opened the eyes of school professionals to the importance of addressing bullying and other negative behaviors with every child at school, especially bystanders. He provided creative, yet practical strategies that teachers and staff can actually use to sustain awareness and action in schools. We have already asked Mr. Davis to present for us again, and our school communities are looking forward to his return!"*

## Registration Form

Name \_\_\_\_\_

Title \_\_\_\_\_

Organization Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Telephone \_\_\_\_\_

Email address \_\_\_\_\_

Fee: the fee for all three days, 9 scheduled monthly onsite or Skype consultations, materials, and other email or Skype consultations as needed during the seminar period is \$950.

Participants registering before April 1<sup>st</sup> will receive a \$60 early registration discount. Half the fee is payable as a deposit at registration, and the balance by June 20<sup>th</sup>. For cancellations, the deposit will be refunded if another registrant fills the position.

Please make checks payable to Stan Davis and mail to:

Stan Davis  
409 North Wayne Road  
Wayne ME 04284

Credit card payments are accepted via paypal to [stan@stopbullyingnow.com](mailto:stan@stopbullyingnow.com)

### Who is invited?

- All educators who go out of their way to connect with and mentor youth
- Counseling or health professionals looking to have a wider impact on school culture
- Coordinators of mentoring, advising, or peer tutoring programs
- Gay Straight Alliance advisors
- Consultants and trainers who work with schools
- Anyone who wants to improve the lives of young people.

For more information:

Stan: stanleyfdavis@gmail.com

or Chuck: chucksaufler@gmail.com